



INTEGRATIVE PSYCHIATRY OF NY, PC

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PHYSICAL EXAMINATION INSTRUCTIONS

All patients are required to have a physical examination, EKG, and specific lab works performed yearly. This is necessary in order to insure adequate and safe treatment for patients.

If you have these procedures completed by your own family doctor, please have the following information sent to me.

- Typed summary of physical examination: with conclusion that the examination was within normal limits and that no contraindications exist for continued treatment with psycho tropic medications.
- Copy of EKG with interpretation. Non-interpreted EKG's will not be accepted.
- Copy of laboratory tests to include:
 - Chem screen (with creatinine and BUN)
 - Liver function tests
 - Thyroid function tests
 - Complete blood count with differential
 - RPR
 - Urine analysis
 - Urine toxicology
 - Urine pregnancy
 - Serum level for drugs that require monitoring

Periodically, certain tests will be requested whenever indicated.